

The Colors of the Rainbow, The Notes in a Song, The Language in A Story!

A 6 Hour, Professional Development Day for
Richmond Child Care Providers

When: Saturday, June 2, 2007 9:00 a.m.—3:30 p.m.

Where: Richmond City Hall

The Early Childhood Education Committee is thrilled to have Michael Bortolotto as our opening speaker and Lyle Povah to close the day his circle of drums.

~Michael Bortolotto~

Michael is an inspirational public speaker, who teaches and challenges his audience through his own life's example. His listeners will relate to the positive and uplifting stories of personal triumph over physical, mental and social obstacles that Michael has encountered. Inspiring, encouraging and educational, Michael causes shifts in perception that move us beyond our fears, insecurities and limitations to reach goals and pursue dreams we didn't believe possible. Michael was born with Cerebral Palsy, which affects his large and small muscle co-ordination and for many years, the clarity of his speech. His parents were told he would never walk or talk. In fact, it was recommended Michael be institutionalized. After hearing Michael speak about his life it becomes very hard for anyone to say "I can't do that". Michael is a positive rebel. He will inspire you and help you to see *all* the colors in the rainbow!

~Lyle Povah~

Lyle is a percussionist, singer, guitarist, educator and entertainer with a special interest in African drumming. He has performed and studied worldwide and regularly presents at international conferences on various topics related to health and creativity. Lyle has shared music with children at B.C. Children's Hospital one day a week for 16 years and he leads the longest running drop-in community Drum Circle in Canada. For the past 8 years, he has worked with the UBC Sauder School of Business, leading manager training and executive development programs. Lyle is on the faculty at the Haven Institute for Professional Training and on the consulting team with Max-Fit Movement Institute.

You will not want to miss this exciting event as Lyle leads us into the wonders of a drumming circle!

Welcome!

Having well trained and experienced child care providers who can offer children a program that offers a balance between stimulating activities and activities that allow for quiet, reflective time has long been recognized as a corner stone of quality early education and care. The Richmond Early Childhood Education Committee is pleased to offer this mini conference where the workshops and the speakers will invite you to shake up your thinking about how you plan and implement child care for all children. We look forward to seeing you on June 2nd!

The Day

8:00—8:45 a.m.	Registration
9:00—10:00 a.m.	Keynote Address with Michael Bortolotto
10:00—10:15 a.m.	Refreshment Break
10:15—12:00 p.m.	Morning Workshops
12:00—12:45 p.m.	Lunch (served in the Heron Café, Richmond City Hall)
12:45— 2:30 p.m.	Afternoon Workshops
2:45— 3:30 p.m.	Drumming Circle

Morning Workshops

A. “Tell Me A Story!”

All children love stories! Come to a workshop where we will discuss how child care providers can learn to use good children’s literature to engage children and help them to enrich their lives and increase their understanding of their friends and neighbours. Presented by **Lesley Richardson**, ECE Instructor, child care provider and avid storyteller.

B. Why is She/He Using Pictures? Visual Language Strategies for Child Care Providers

Come and learn practical strategies to support children’s visual learning and participation in their child care settings. We will learn about why some children need visual language support and how we can use visual language strategies to help children to learn. We will explore the use in our centers of visual schedules, communication boards, signing, social stories and picture exchange. Presented by **Kate Wishart**, who is a Speech/Language Pathologist and Director of SLP Services at BC Centre for Ability. She has extensive experience working with children and youth with special needs.

C. Tools and Tips for Creating a Better Child Care Experience for all School Age Children Part One

In this workshop staff working with school age children will gain a better understanding of how to more fully welcome children with extra support needs in the school age classroom. We will learn how to adapt indoor and outdoor activities, construct environments that support all children, guide challenging behaviours and evaluate and revamp transition times and daily routines. In second part of this workshop, we will explore the barriers to successful inclusion and how to support families with effective and meaningful communication, other professionals and co-workers. **Richmond Supported Child Development Program Consultants** will facilitate this workshop

D. Stretch Your Sillies Out—Yoga for Young Children

Children who experience exercise while they are young will often continue to enjoy the benefits of being physically fit most of their adult lives. In this workshop I will explain and demonstrate how yoga exercises can be part of all child care programs and how all children can manage some or all of these activities. You will learn basic, simple and fun ways to incorporate yoga into your child care program. Presenter: **Mara Branscombe** is a certified Yoga Instructor, Dancer, and Actress currently working in Vancouver. Mara operates her independent company, Rise Yoga where she teaches classes, workshops, corporate and private yoga consultations throughout Vancouver. Mara is also a qualified Early Childhood Educator with certification in Waldorf Education. **Note:** please bring a yoga mat, towel or small blanket to this

Afternoon Workshops

D. Shake Up Your Circle Time—A Journey to a New Approach

A year ago Bowling Green Road Children's Centre staff thought that their circle time was just fine. But then they were challenged to think about what they were doing and they began to do things differently. Slowly they saw wonderful changes start to happen. Join Early Childhood Educators **Olena Mahoney**, **Tianna Morris** and **Sheri Nielson** as they take you along on a journey from their traditional circle times to ones that are interactive, creative and that inspire real conversations with young children.

E. "Mindfulness—Enhancing Children's Self-awareness

In this workshop, I will introduce participants to mindfulness, which is described as "being aware of the present moment, non-judgmentally". We will learn about the benefits of mindfulness, such as focusing attention and quieting the mind. You will first learn about and practice mindfulness, then the concepts will be expanded as we talk about practical tools for children. I will also present the latest research on a mindfulness program developed by the Goldi Hawn Institute; this research was carried out by me and Dr. Kimberly Schonert-Reichl at UBC. Presenter, **Molly Stewart Lawlor** graduated from the University of Victoria with a B.A. in Psychology and is currently completing her M.A. in Counselling Psychology at UBC.

F. Tools and Tips for Creating a Better Child Care Experience for all School Age Children Part Two



Drumming Circle

At the end of your afternoon workshop you are invited to make your way to the lobby of Richmond City Hall where you will meet **Lyle Povah**. Lyle will take us on a journey into the magic of a drumming circle. You will not want to miss this opportunity to feel the power of a drumming circle and learn how you can share this magic with the children in your centre.

"I am wondrous as the magnificent, powerful energy of the drumming envelops me and lifts my spirit. What a gift to be part of this drumming circle". Renee Deakin, 2004

Certificate of Attendance

At the end of the drumming circle, members of the Early Childhood Education Committee will collect your completed evaluation forms and give you your Certificate of Attendance.

June 2, 2007 Conference Registration Form

Use One Form for Each Registration

Name _____

Address _____

Phone _____

Fax _____

Email _____

Child Care Centre _____

Workshop Choice (indicate your 1st & 2nd choices)

Morning		Afternoon	
1st Choice		1st Choice	
2nd Choice		2nd Choice	

Registration Fee \$40

Please make cheque or money order payable to Richmond Society of Children's Centres.

Method of Payment Cheque Money Order Cash

Amount Enclosed \$ _____

Please make receipt out to:

*Registration will not be confirmed until payment is received in full.
Refunds will not be issued however if you are unable to attend, you may send
a substitute in your place.*

Please mail or bring your registration to:

Richmond Early Childhood Conference
110—6100 Bowling Green Road
Richmond, BC
V6Y 4G2

For Information Please Call:
604-214-3490